

# Nourished

Get more from your meals!

..... Delicious, nourishing food and meaningful connections .....

Catalog 1, 2018



## Start 2018 Right!

Free Offer!



Receive a FREE 3 lb. bag of Popcorn Chicken (our top seller!) with your \$100 order this month. Use Code #9127.



Watch for this icon in our catalog to see popular products from our 2017 Food Show.

Closeout

Don't forget to check the Closeout section on our website for great discounts during our after-Christmas sale!

## New Better Body Foods

Check out p. 30 to see 10 healthy new products from Better Body Foods to help you reach your New Year's goals.



BBF LivFit Super Seeds 16oz bag  
#3517... \$9.49



BBF Chocolate PBfit Plus 32oz tub  
#3519 ... \$31.99



BBF Naturally Refined Avocado Oil 16.9oz bottle  
#3515... \$9.99

## Big Savings on Bacon!



Daily's #1 Precooked Hickory Smoked Bacon Slices

• 300 slices per box #4835 Reg. \$59.89 | Sale \$39.99



### Chicken Bacon Subs for the Freezer

8 Servings

**Ingredients:**

- 8 Round Ciabatta Rolls (#1051)
- 1/2 c. Chef Shamy Garlic Herb Sauté butter (#8883)
- 2 cups shredded chicken (#5513)
- 1/4 cup chopped bacon, cooked crisp
- 5 ounces sliced Colby Jack cheese (#1858)

**Instructions:**

Place each Ciabatta roll on an individual square of foil. Spread both halves with garlic butter. Layer cheese slices over the bread. Next layer the shredded chicken over the cheese. Sprinkle bacon over chicken. Place the top half of the bread on the sandwich. Wrap in foil. If serving right away, bake in 350 degree oven for about 25 minutes, depending on bread thickness. If preparing to serve later, freeze. On serving day, bake for 50-70 minutes if frozen. If thawed bake for 25-30 minutes.



Recipe from lifeasamom.com

Visit [www.blog.alisonspantry.com](http://www.blog.alisonspantry.com) to find more recipes like this one!