

# Nourished

Get more from your meals!

..... Delicious, nourishing food and meaningful connections .....



## We Hear You!

The #1 request in our most recent survey was for smaller pack sizes. We're happy to announce that we are now offering new, smaller pack sizes on 20 of our best-selling products.



Two new gluten free family favorites now available to order on our website!

They'll be in our catalogs as well, starting with Catalog #8.



Save the date for our Catalog #8 Webinar!  
**July 10, 11, & 12**

We'll be sharing recipes and tips for families, big or small!

Visit [blog.alisonspantry.com](http://blog.alisonspantry.com) to see dates and times and register for the time that works best for you!



### Potatoes

- 3/8" Regular Cut French Fries
- Gold Sweet Potato Straight-Cut Coated Fries
- Quincy Gold Taters Frozen Potatoes
- Quincy Gold Loose Shredded Hash Browns
- Three Cheese Twice Baked Potatoes
- Golden Hash Brown Patties
- Roasted Garlic Mashed Redskin Potatoes

- #1213 5 lb. bag...\$5.99
- #1211 2.5 lb. bag...\$7.99
- #3475 GF 5 lb. bag...\$7.99
- #2421 GF 3 lb. bag...\$5.99
- #1157 12 / 5 oz. pack...\$11.99
- #2427 GF 2.8 lb. bag...\$5.99
- #1278 4 lb. bag...\$9.99

### Desserts

- Chocolate Chip Cookie Dough
- Cinnamon Rolls
- Peanut Butter Crispy Bars
- Mini Chocolate Chip Cookies
- Strawberry/Cream Cheese 'Strudel Bites'
- Cherry Turnover
- Apple Turnover
- Blueberry Turnover

- #1316 60/1 oz. pucks...\$11.99
- #1315 15/4 oz. rolls...\$10.99
- #1303 1/4 sheet pan...\$9.99
- #1322 2 lb. bag...\$9.99
- #1177 63/8 oz bag...\$9.99
- #1168 15 turnovers...\$11.49
- #1169 15 turnovers...\$9.99
- #1170 15 turnovers...\$11.49

### Rolls

- Sweet Yeast Steak House Rolls
- Parkerhouse Rolls
- Beehive Rolls
- Buttermilk Biscuits

- #1066 5.5 lb. bag...\$9.99
- #1136 60 ct. bag...\$7.99
- #1084 24 / 2.5 oz. pucks...\$10.49
- #1321 18/2.25 oz. IW...\$6.99

### Other

- Fiesta Guacamole

- #1060 12 oz. tub...\$5.99



## Recipe Tip

### Chicken Bacon Ranch Hash Brown Casserole

#### Ingredients:

- 3 cups chopped cooked chicken (#6519)
- 1 (16 ounce) container sour cream
- 1 can cream of chicken soup
- 2 Tbsp. Rosie's Ranch Dressing Mix (#1032)
- 4 strips cooked and crispy bacon (#4835)
- 2 cups shredded cheddar cheese (#1866)
- 2 lbs hash browns (#2418)

#### Instructions:

Preheat the oven to 350 degrees F. Lightly spray a 9x13 inch baking dish with cooking spray. Set aside. In a large bowl mix together cooked chicken, sour cream, cream of chicken soup, dry ranch dressing mix, crumbled bacon and cheese. Fold in the frozen hash browns. Spoon the mixture into the prepared baking dish. Place into the oven and bake for 40-45 minutes, until bubbly.

Visit [www.blog.alisonspantry.com](http://www.blog.alisonspantry.com) to find more recipes like this one!

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